GROUP FITNESS CLASS SCHEDULE

All classes are FREE to members. Drop-Ins welcome - $7 per class.
Follow us on Facebook & Instagram for snow days and/or extra classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 - 8:45 AM	**EVERYDAY STRENGTH** WAYNE	**EVERYDAY STRENGTH** WAYNE	**EVERYDAY STRENGTH** WAYNE	**EVERYDAY STRENGTH** WAYNE	**EVERYDAY STRENGTH** WAYNE	**EVERYDAY STRENGTH** WAYNE
9:00 - 9:45 AM	**SENIOR FITNESS** WAYNE	**SENIOR FITNESS** WAYNE	**SENIOR FITNESS** WAYNE	**SENIOR FITNESS** WAYNE	**SENIOR FITNESS** WAYNE	
4:15 - 5:00	**GROUP CIRCUIT STRENGTH** ISIAH	**GROUP CIRCUIT STRENGTH** KAYTEE	**GROUP CIRCUIT STRENGTH** ISIAH			
5:00 - 5:45 PM	**STREGNTH WITH SLY** CINDI					

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3268 N Main Street, Crossville, TN 38555 • 931-210-5GYM (5496) • info@brikhousegym.com